

AVENUE LODGE

HOTEL RESTAURANT SPA



VAL D'ISÈRE FRANCE

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AVENUE LODGE

LE SPA



400-M SPA WITH INDOOR POOL, STEAM ROOM, SAUNAS,
JACUZZIS, BEAUTY ROOMS FOR FACE AND BODY TREATMENTS.



The spa at the hotel AVENUE LODGE is a new and unique concept in modern luxury.

Our Spa is open from 10:00 am until 8 pm*.

Enjoy a relaxing après-ski break in an intimate and cosy atmosphere in our modern spa with:

An indoor swimming pool, a steam room, saunas, jacuzzis and a beauty salon.

Discover our luxurious French brands in Val d'Isère.

INSTITUT
ESTHEDERM
PARIS



INSTITUT ESTHEDERM's expert professional treatments provide innovative technology, proven efficiency, relaxation, and it is also the leader in sun care. Experience the full range of prevention, protection and healing products for an indulgent and luxurious SPA experience.

*Please note that children under 12 years old are not allowed access to the SPA between 6 pm and 8 pm.

Cancellation with less than 24 hours' notice will be charged.



FACIAL TREATMENTS BY INSTITUT ESTHEDERM PARIS

OSMOCLEAN DISCOVERY TREATMENT.....25 MIN 64 EUROS

AVENUE LODGE INTENSE HYDRATATION SIGNATURE TREATMENT45 MIN 98 EUROS

FUNDAMENTAL TREATMENT90 MIN 145 EUROS

Anti-wrinkle, radiance & detox treatment – Great recovery for tired skin.

WINTER COCOONING TREATMENT60 MIN 120 EUROS

The skin is nourished and regains its softness and radiance.

EXELLAGE TREATMENT90 MIN 165 EUROS

Regenerating, comforting, redensifying treatment

Restores firmness for visible results right from the first treatment.

INTENSIVE HYALURONIC TREATMENT90 MIN 145 EUROS

Wrinkle treatment, intensive hydration.

YOUTH SECRET 3-DAY TREATMENT350 EUROS

First day: Intense rehydration.

Second and third days: Youth treatment adapted to skin after diagnostic each day.

EXCELLAGE HANDS CARE25 MIN 58 EUROS

Density, nutrition, anti-spot. As a complement to a facial treatment.

Additionnal 20 EUROS

KO BI DO MASSAGE25 MIN 64 EUROS

For her or him

FOR HIM.....50 MIN 98 EUROS

Treatment tailored to skin type + massage

Esthederm has revamped its menu by including the Age Proteom serum at the heart of each treatment protocol.

MASSAGES

APRES-SKI25 MIN 64 EUROS

Eases muscle tension, relaxes, ideal after a days' skiing.

50 MIN 108 EUROS

PLANTAR REFLEXOLOGY50 MIN 108 EUROS

AYURVEDIC MODELLING MASSAGE50 MIN 108 EUROS

Thousand-year-old massage with warm oil.

COMBINED PLANTAR REFLEXOLOGY/AYURVEDIC.....80 MIN 145 EUROS

BAMBOO MASSAGE50 MIN 118 EUROS

Draining, relieves musculo-articular pain

NEW! LYMPHATIC MASSAGE METHODE RENATA FRANCA.....60 MIN 160 EUROS

SLIMMING TREATMENT.....25 MIN 64 EUROS

50 MIN 108 EUROS

CALIFORNIAN MODELLING MASSAGE.....25 MIN 64 EUROS

Very relaxing, harmonizes body and spirit using gentle movements on the scalp and foot arch.

50 MIN 108 EUROS

MODELING MASSAGE WITH WARM STONES50 MIN 118 EUROS

Complete modelling optimised by the application of warm basalt stones.

CANDLE WAX MODELLING MASSAGE.....50 MIN 108 EUROS

Very relaxing.

ABSOLUTE MODELLING MASSAGE.....90 MIN 160 EUROS

The body modelling of your choice plus face and scalp modelling massage.

*All our massages and wraps can be enjoyed by two people (reservation in advance recommended).
Wellness massages are for non-therapeutic or medical purposes. Any reservation cancelled less than 24 hours
before the appointment will be charged.*

SPORT MESSAGES

BACK MASSAGE25 MIN 64 EUROS

SWEDISH MASSAGE.....30 MIN 78 EUROS

50 MIN 128 EUROS

DEEP TISSUE MASSAGE.....30 MIN 78 EUROS

50 MIN 128 EUROS

SPORTS MASSAGE30 MIN 78 EUROS

50 MIN 128 EUROS

Cancellation with less than 24 hours' notice will be charged.

Massages bien être à but non thérapeutique ni médical



'LA SULTANE DE SABA' EXPERIENCES

ORIENTAL AYURVEDIC TREATMENT	1H50	199 EUROS
<i>An ideal winter cocooning body treatment to warm up with the intoxicating scents of amber, vanilla, patchouli. Scrub with apricot kernels and spices followed by a nourishing wrap with shea butter. 60-minutes ayurvedic massage in hot oil, rose elixir vaporisation.</i>		
BALINESE JOURNEY	1H50	199 EUROS
<i>Traditional lulur body scrub, Karite butter wrap, 60' fragipani flower massage.</i>		

WRAPS

The wraps are applied while laying on a relaxing warm mattress which is activated by a heated blanket for unadulterated relaxation.

3-SEAWEED WRAP	25 MIN	64 EUROS
<i>The benefits of the sea in the mountains.</i>		
GREEN TEA & KARITY MILK WRAP	25 MIN	64 EUROS
<i>Draining and slimming green tea.</i>		
SCRUB WITH APRICOT KERNELS, ARGAN TREE CHIPS AND SPICES	25 MIN	64 EUROS

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TREATMENT PROGRAMS

To maximise the benefits of your stay in Val d'Isère, we offer a wellness program for total relaxation.

WEEKEND COURSE: 3 DAYS OF COCOONING	3 DAYS	360 EUROS
<i>1 discovery face treatment, 3 personalised wraps, 3 wellness massages (25 min).</i>		
5-DAY FITNESS EXPERIENCE	5 DAYS	540 EUROS
<i>1 discovery face treatment, 5 personalised wraps, 5 wellness massages (25 min).</i>		
THE GRAND SLIMMING EXPERIENCE	5 DAYS	540 EUROS
<i>1 exfoliating honey treatment, 5 green tea wraps, 5 slimming massages (25 min).</i>		

WAXING

ON REQUEST

Complementary spa access is available with any treatment purchase(s) totalling at least 100 euros. Children under 12 years old are allowed to access the spa until 6 pm only. Babies under three years old must wear a special swimming nappy and are allowed to access the spa until 4pm only.